



Youth Local League Rules

The City of Greenville Parks & Recreation Department reserves the right to change and implement new rules at any time. We are committed to provide the best programs possible to ensure the best environment for the players, coaches and their respective families.

Blast Ball Rules

1. **Blast ball is for 3-4-year-old only**
2. Teams will consist of 6 to 8 players per team.
3. Coaches and parents are required to be on the field to assist their child as needed.
4. Game will start at schedule time and last for 45 minutes or 3 complete innings.
5. This is a developmental league for fun and family involvement, so no scores or standings will be kept.
6. Since no scores or standings are kept, there will be no official scoreboard.
7. There are NO OUTS and every player gets to bat. The last batter will run around all the bases to home plate.

The Game

1. Fields are set up with a Blast tee being placed on home plate, a blast base at first and standard bases for 2nd and 3rd. 10 feet in front of the tee is a line marker that identifies a fair ball. Base paths are 50'.
2. GSL will provide all Blastball equipment including a bat. Every batter will use the same bat that will be provided. Since ball and bat are foam, gloves and batting helmets are not required.
3. Blastball is played with two teams. The defensive players take position 35 feet from the blast tee in the pitching area. A blast ball is placed on the blast tee and the batter hits the ball and runs to the blast base (first base).
4. The visiting team will bat first and the home team will take defensive positions first.
5. Every player on offense takes a turn to hit and run the bases, one base at a time. The last batter will run around all the bases to home plate.
6. One coach helps at the tee and to place ball on the tee. The other offense coach acts as the first base coach to encourage the batter to run to the Blast base. Another coach or parents need to assist in the team's area to keep players away from playing field while waiting their turn to bat.
7. Defensive players will start from the pitching circle 35 feet from the tee. Defensive players will take position one player at a time and will rotate in with each new batter. Encourage kids to yell "Blast" when they hold up the ball. Instruct the player to throw the ball only to the offense coach at first base.
8. Keep the games flowing by encouraging the kids to hustle around the bases and cheering them on. In the team's area, have the next batter ready.
9. Keep the game FUN!!!